

Breakfast Menu

Naples Classical Academy




December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

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Monday

2 1 - Ham & Cheese Bagel Melt 
Or Cocoa Puffs Cereal Bar
Or Cinnamon Toast Crunch Cereal 
With Non Fat Strawberry Greek Yogurt

9 Breakfast Burrito 

Cinnamon Toast Crunch Cereal 
Cocoa Puffs Cereal Bar
Strawberry Yogurt Cinnamon Applesauce

16 Homemade Muffins 

Egg Patty
Cocoa Puffs Cereal Bar
Organic Granola
Red. Sugar Froot Loops Cereal 
Strawberry Yogurt

Tuesday

3 1 - Very Berry Smoothie 

Or Red. Sugar Froot Loops Cereal 
Or Cheerios Cereal 
All With Vanilla Yogurt
Or Strawberry Yogurt
And Mixed Fruit Cup
Or Orange Juice

10 Yogurt Breakfast Pack 
Cereal Frosted Mini Wheats 
Red. Sugar Froot Loops Cereal 
Strawberry Yogurt
Fresh Grapes
Fat Free Chocolate

17 Whole Grain Waffles with Ham
Blueberry Nutri-Grain Bar 
Red. Sugar Froot Loops Cereal 
Nutri-Grain Bar
Strawberry Yogurt
Orange Juice

Wednesday

4 1 - Fruity Parfait 

Or Cereal Frosted Mini Wheats 
Or Reduced Sugar Trix 
Or Blueberry Nutri-Grain Bar 
With Strawberry

11 Berry Acai Bowl 

Cocoa Puffs Cereal Bar
Cinnamon Toast Crunch Cereal 
Strawberry Yogurt
Fresh Banana
Cinnamon

18 Yogurt Parfait 



Banana Muffin 
Cinnamon Toast Crunch Cereal 
Strawberry Yogurt
Fresh Banana
Diced Pear Cup
Orange Juice

Thursday

5 1 - Homemade Chocolate Chip Muffins 



Or Homemade Blueberry Muffin Parfait 
Or Cinnamon Toast Crunch Cereal 
Or Red. Sugar Froot



12 Whole Grain French Toast Slices 
Bacon
Strawberry Nutri-Grain Bar 
Red. Sugar Froot Loops Cereal 
Strawberry Yogurt
Fresh Red Delicious

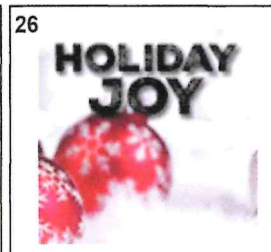
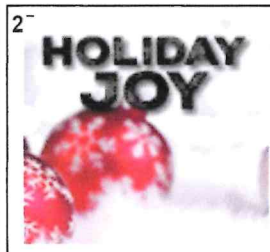
19 Whole Grain Pancakes with Sausage
Red. Sugar Froot Loops Cereal 
Cheerios Cereal 
Strawberry Yogurt
Fresh Apple
Apple Juice

Friday

6 Whole Grain Pancakes with Sausage
Sugar Free Syrup
Red. Sugar Cinnamon Toast Crunch Cereal 
Red. Sugar Cocoa Puffs Cereal 

13 Sausage and Egg Sandwich
Cocoa Puffs Cereal Bar with Cheez-Its and Fruit Juice 
Reduced Sugar Trix 
Strawberry Yogurt
Fruit Salad

20 Bagel with String Cheese 
Cinnamon Toast Crunch Cereal 
Nutri-Grain Bar
Cocoa Puffs Cereal Bar
Strawberry Yogurt
Fresh Orange








Happy Holidays, Merry Christmas and Happy New Year




View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Menu

Naples Classical Academy

December 2024

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Monday

- 2 1 - Cheeseburger Or Homemade Beef Burger 🍔 With Sweet Potato Fries
- 2 - Turkey & Cheese Sandwich Or Chicken Caesar Salad 🍔

Tuesday

- 3 1 - Homemade Pasta & Meatballs 🍝 With Garlic Green Beans And Whole Wheat Dinner Roll
- 2 - Chicken Caesar Wrap 🍔 Or Garden Salad

Wednesday

- 4 1 - Whole Grain Waffles with Sausage With Crispy Potato Puffs
- 2 - Classic Chef Salad 🍔 Or Egg Salad 🥑 With Whole Wheat Dinner Roll

Thursday

- 5 1 - Classic Cheese Pizza 🍕 With Caesar Salad
- 2 - BLT Wrap 🍔 Or Classic Greek Salad 🥗 All With Fresh Pear And Fat Free Chocolate Milk

Friday

- 6 1 - Chicken Nuggets With BBQ Sauce And Fiesta Corn
- 2 - Ham & Cheese Sandwich 🍔 Or Crispy Chicken Garden Salad 🍔 All With Cinnamon Applesauce

- 9 1 - Homemade Mac & Cheese 🍝 And Lemon Parmesan Peas
- 2 - Italian Combo Sandwich 🍔 Or Garden Salad 🥗
- MAC 🍝

- 10 1 - The Works Hot Dog 🍔 With Oven Baked Fries
- 2 - Buffalo Chicken Wrap 🍔 Or House Chop Salad with Ham & Dinner Rolls 🍔

- 11 1 - Whole Grain Pancakes with Sausage With Sugar Free Syrup And Sautéed Potatoes, Peppers & Onions
- 2 - Turkey & Cheese

- 12 1 - Crispy Chicken Sandwich And Roasted Parmesan Butternut Squash
- 2 - Chicken Fajita Wrap 🍔 Or Classic Chef Salad 🍔

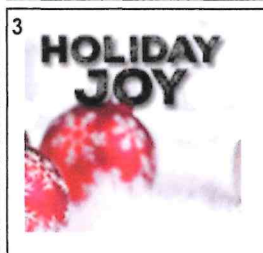
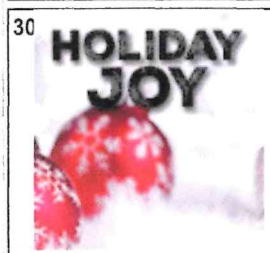
- 13 1 - Pizzadilla Quesadilla 🍔 And Caesar Salad
- 2 - Egg Salad Wrap 🍔 Or Shake 'Em Up Salads 🍔 All With Apple Slices And Fat Free



- 16 1 - Cinnamon French Toast 🍞 With Bacon And Sugar Free Syrup And Roasted Potatoes
- 2 - Ham & Cheese Sandwich 🍔 Or Garden Salad with Cheese Entree 🍔

- 17 1 - BBQ Chicken Sauce & Toss With Brown Rice Pilaf And Mixed Vegetable Blend
- 2 - Chicken Delight Wrap Or Crispy Chicken Garden Salad 🍔

- 18 1 - BLT Burger 🍔 With Baked Potato Wedges
- 2 - Italian Combo Sandwich 🍔 Or Egg Salad Plate 🥑 All With Fresh Orange And Fat Free

- 19 1 - Pepperoni Pizza Or Classic Cheese Pizza 🍕 With Side Garden Salad And Ranch Dressing
- 2 - Turkey & Cheese Sandwich All With Cinnamon




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 Vegetarian
  Made With Natural Ingredients
  Pork
  Smart Choice
  Made With Organic Ingredients