

Breakfast Menu

Naples Classical Academy

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM





Monday




Tuesday



Wednesday


Thursday




Friday



3 Homemade Chocolate Chip Muffins  
Cinnamon Toast Crunch Cereal 
Red. Sugar Froot Loops Cereal 
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk





4 Fruity Parfait  
Reduced Sugar Trix 
Applesauce
Orange Juice
Cocoa Puffs Cereal Bar
Low Fat 1% Milk
Fat Free Chocolate Milk


5 Fresh Whole Wheat Bagel 
Cream Cheese
Reduced Sugar Trix 
Cocoa Puffs Cereal Bar
Fruit Salad
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk





6 Whole Grain Pancakes with Sausage
Sugar Free Syrup
Reduced Sugar Trix 
Cocoa Puffs Cereal Bar
Fresh Red Delicious Apple
Orange Juice
Low Fat 1% Milk



7 Blueberry Muffin 
Cinnamon Toast Crunch Cereal 
Red. Sugar Froot Loops Cereal 
Apple Slices
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk

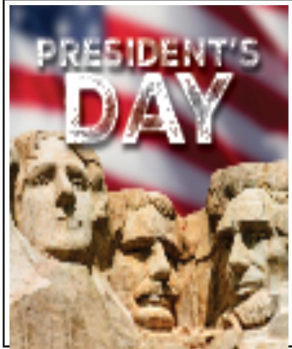
10 Homemade Strawberry Muffin 
Cinnamon Toast Crunch Cereal 
Cocoa Puffs Cereal Bar
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk



11 Very Berry Smoothie   
Cinnamon Toast Crunch Cereal 
Cocoa Puffs Cereal Bar
Applesauce
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk




12 Bacon and Egg Sandwich
Cocoa Puffs Cereal Bar
Reduced Sugar Trix 
Fruit Salad
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk




13 Yogurt Parfait  
Cinnamon Toast Crunch Cereal 
Red. Sugar Froot Loops Cereal 
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk





14 Whole Grain Pancakes with Sausage Syrup
Cinnamon Toast Crunch Cereal 
Red. Sugar Froot Loops Cereal 
Apple Slices
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk








18 WG White Bagel Cream Cheese
Red. Sugar Froot Loops Cereal 
Reduced Sugar Trix 
Applesauce
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk





19 Mean Berry Smoothie  
Cocoa Puffs Cereal Bar
Reduced Sugar Trix 
Fruit Salad
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk





20 Whole Grain Pancakes with Ham 
Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk




21 Homemade Chocolate Chip Muffins  
Cinnamon Toast Crunch Cereal 
Cocoa Puffs Cereal Bar
Red. Sugar Froot Loops Cereal 
Apple Slices
Orange Juice
Low Fat 1% Milk

24 Whole Grain Waffles with Ham 
Syrup
Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk

25 Homemade Blueberry Muffins 
Cocoa Puffs Cereal Bar
Reduced Sugar Trix 
Orange Juice
Applesauce
Low Fat 1% Milk
Fat Free Chocolate Milk

26 Strawberry Orange Smoothie   
Cocoa Puffs Cereal Bar
Reduced Sugar Trix 
Fruit Salad
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk

27 Fruity Parfait  
Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Fresh Apple
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk

28 Whole Grain Bagel with Cream Cheese 
Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Apple Slices
Orange Juice
Low Fat 1% Milk
Fat Free Chocolate Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

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